

## ご飯ものRice Dishes

Our special rice dishes are prepared with highest quality authentic Japanese rice



### しぐれ丼 6.49

**shigure don**  
A bowl of rice topped with thin short plate beef and onions in a special blend of sauce



### おにぎり 2.99

**onigiri**  
Traditional rice ball with various different types of fillings, wrapped up in a piece of seasoned nori



### 焼おにぎり 3.49

**yakionigiri**  
Using the basic onigiri, the yakionigiri is a variation which is grilled in a choice of miso or soy sauce



### カレー丼 6.99

**curry don**  
Is the basic donburi rice bowl topped with a Japanese blend of vegetable or beef curry sauce



### お茶漬け 3.99

**ochazuke**  
A warm bowl of rice in a tea broth topped with nori seaweed and Japanese okaki cracker

## うどんNoodle Dishes

Thick textured noodle in a smoked bonito broth flavoured by traditional ingredient  
Vegetarian broth available upon request



### かけうどん 3.99

**kake udon**  
The basic plain udon topped with kamaboko fish cake, tenkasu and diced scallions



### きつねうどん 4.49

**kitsune udon**  
The basic plain udon topped with a sweetly seasoned age pouch



### わかめうどん 4.49

**wakame udon**  
The basic plain udon topped with seasoned Japanese seaweed



### 肉うどん 5.99

**niku udon**  
The basic plain udon topped with beef and onions in a special blend of sauce



### カレーうどん 5.99

**curry udon**  
The basic plain udon topped with a Japanese blend of vegetable or beef curry sauce

替え玉 noodle refill 1.10

## まんぷくスペシャルManpuku Special

Modern and unique dishes inspired by Japan's culture and lifestyle



### たこ焼き 4.99

**takoyaki**  
Flour with octopus in the centre grilled on a special hot plate, topped with takoyaki sauce, katsuo and aonori



### たこせん 2.99

**takosen**  
A takoyaki served on a senbei, topped with takoyaki sauce and mayonnaise



### 汁もの 1.99

**daily soup**  
A household soup recipe prepared with daily in house vegetables



### サラダ Small 1.99 Large 2.49

**salad**  
Lettuce tossed in citrus dressing topped with fried onions



### 納豆ご飯 3.99

**natto gohan**  
Japanese fermented beans mixed with okura and nagaimo, a Japanese yam (Plain rice included)

## デザートDessert

### 日替りケーキ 3.99

**daily cake**  
Please inquire with the Manpuku staff about the variety of gourmet cake slices that are available

### 自家製プリン 2.49

**Pudding**  
Our custard puddings are made fresh with milk, egg and sugar

## 飲み物Beverages

Japanese Bottled Drink	2.75
Domestic Bottled Drink	2.00
Fresh Juice	3.75
Can Pop	1.15
Tea / Coffee	1.25

At Manpuku we carry a wide variety of Japanese alcohol such as Kirin, Asahi, Sapporo and other sake and spirits.

まんぷくでは、キリン、アサヒ、サッポロなどビール各種と、日本酒や焼酎も各種取り揃えております。

お得なセットメニュー (丼ぶり、またはうどんを選ぶと、プラス\$2.00 で、サラダ、汁もの、またはたこせんのうち2つを選ぶことができます)。Combo option with purchase of donburi or udon choice of 2 sides (Chips, Salad, Soup or Takosen) \$2.00

ベジタリアンメニュー vegetarian dishes